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Your Staff

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Our Mission
Caring for Kupuna



DECEMBER 2025

“Feeling gratitude and not expressing it is like
wrapping a present and not giving it.”
—William Arthur Ward

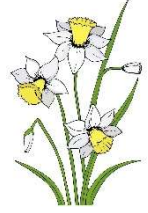
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 CENTER OPENS SNACKS	1 10:00 – Fitness - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Sing Along 2:30 – Tai Chi 3:30 – Pictureka!	2 10:00 – Christmas Ornament Craft - Matching Game 12:30 – Energize Lunch Walk 1:00 – Relay Game 2:30 – Music & Movement 3:30 – Pattern Block	3 10:00 – Whisper Challenge - Blackjack - Coloring 12:30 – Energize Lunch Walk 1:00 – Smile & Toss 2:30 – Tai Chi 3:30 – Coupon Cutting	4 10:00 – Unscramble - Hanafuda - Balloon Toss 12:30 – Energize Lunch Walk 1:00 – Golfing 2:30 – Music & Movement 3:30 – Jigsaw Puzzles	5 10:00 – Christmas Tree Decorations - Memory Game 12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn 2:30 – Tai Chi 3:30 – Talk Story
10:00 MORNING ACTIVITIES	8 10:00 – Client Council - Fitness - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Cone Ring Toss 2:30 – Tai Chi 3:30 – Lacing	9 10:00 – Joker Eno - Painting - Donkey Card Game 12:30 – Energize Lunch Walk 12:45 – CKMS Band 2:30 – Music & Movement 3:30 – Word Find	10 10:00 – Special Music w/ Ronnie Toki 12:30 – Energize Lunch Walk 1:00 – Bean Bag Shootout 2:30 – Tai Chi 3:30 – Coloring	11 10:00 – Whisper Challenge - Ornament Craft - Coloring 12:30 – Energize Lunch Walk 1:00 – Rolling Dice 2:30 – Music & Movement 3:30 – Connect 4	12 10:00 – D’Best Entertainment 12:30 – Energize Lunch Walk 1:00 – Sing Along 2:30 – Tai Chi 3:30 – Tracing
11:00 LUNCH HOUR					
12:00 REST PERIOD					
12:30 LUNCH WALK	15 10:00 – Seated Aerobics - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Bean Bag Poker 2:30 – Tai Chi 3:30 – Pictureka!	16 10:00 – Special Music w/ Ronnie Toki 12:30 – Energize Lunch Walk 1:00 – Relay Game 2:30 – Music & Movement 3:30 – Pattern Block	17 10:00 – Mason Jar Craft - Matching 12:30 – Energize Lunch Walk 1:00 – High / Low 2:30 – Tai Chi 3:30 – Jigsaw Puzzles	18 10:00 – Lihue Missionary Church - Bead Bracelets 12:30 – Energize Lunch Walk 1:00 – Bullseye Target 2:30 – Music & Movement 3:30 – Magazine Reading	19 10:00 – Charades - Jingle Bracelet Craft 12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn 2:30 – Tai Chi 3:30 – Bead Sorting
1:00 AFTERNOON ACTIVITIES					
2:00 SNACKS BEVERAGE	22 10:00 – Fitness - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Bowling 2:30 – Tai Chi 3:30 – Coupon Cutting	23 10:00 – Dominoes - Coloring - Weaving 12:30 – Energize Lunch Walk 1:00 – Connect 4 2:30 – Music & Movement 3:30 – Talk Story	24 10:00 – Family is Love Gift Giving 12:30 – Energize Lunch Walk 1:00 – Movie Hour 2:30 – Tai Chi 3:30 – Word Find	25 CENTER IS CLOSED	26 10:00 – December Birthday Celebration with The Church of Koloa 12:30 – Energize Lunch Walk 1:00 – High / Low 2:30 – Tai Chi 3:30 – Coloring
2:30 EXERCISE HOUR					
3:00 BUSES BEGIN ARRIVING					
3:30 SMALL GROUP	29 10:00 – Fitness - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Golfing 2:30 – Tai Chi 3:30 – Tracing	30 10:00 – Bead Bracelet Craft - Painting - Donkey Card Game 12:30 – Energize Lunch Walk 1:00 – Smile & Toss 2:30 – Music & Movement 3:30 – Coloring	31 10:00 – Happy 2026 Party 12:30 – Energize Lunch Walk 1:00 – Movie Hour 2:30 – Tai Chi 3:30 – Lacing	 HAPPY NEW YEAR <i>one ohana</i>	
5:30 CENTER CLOSSES					

Transportation

The Kauai Bus
(808) 246-8110

December is ...
National Giving Month
National Cat Lover’s Month
Hanukkah – 12/14-22nd
Kwanzaa – 12/26-1/1st
World Wildlife Conservation
Day – 12/4
International Volunteer
Day – 12/5

Flower: Narcissus



Colors:
Forest Green & Dark Red

Birthstones:
Turquoise, Blue Topaz

*Kaua’i Adult Day Health Center
is sponsored in part by County
of Kauai Agency on Elderly
Affairs.*

*This institution is an equal
opportunity provider.*

*Structured activities are subject to change.