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Your Staff

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Our Mission
Caring for Kupuna



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 CENTER OPENS SNACKS	The first blooms of <i>spring</i> always make my heart <i>sing</i> —S. Brown 				
10:00 MORNING ACTIVITIES				1 10:00 – Lei Day with Ae’ Kamalii Preschool 12:30 – Energize Lunch Walk 1:00 – Birthday Bingo 2:45 – Music & Movement 3:30 – Reading	2 10:00 – Flow Kākou with Lauhala Matt 12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn 2:45 – Tai Chi 3:30 – Tracing
11:15 LUNCH HOUR					
12:00 REST PERIOD					
12:30 LUNCH WALK					
1:00 AFTERNOON ACTIVITIES					
2:00 SNACKS BEVERAGE					
2:45 EXERCISE HOUR					
3:15 BUSES BEGIN ARRIVING					
4:00 SMALL GROUP					
5:30 CENTER CLOSSES					
	5 10:00 – Seated Aerobics - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Mix & Match 2:45 – Tai Chi 3:30 – Connect 4	6 10:00 – Bethel University Choir 12:30 – Energize Lunch Walk 1:00 – Bowling 2:45 – Music & Movement 3:30 – Pattern Block	7 10:00 – Whisper Challenge - Blackjack - Coloring 12:30 – Energize Lunch Walk 1:00 – Spin the Wheel 2:45 – Tai Chi 3:30 – Donkey	8 10:00 – Unscramble - Tissue Flower Craft - Balloon Toss 12:30 – Energize Lunch Walk 1:00 – Golfing 2:45 – Music & Movement 3:30 – Coloring	9 10:00 – Charades - Joker Eno - Table Games 12:30 – Energize Lunch Walk 1:00 – Sing-along 2:45 – Tai Chi 3:30 – Jigsaw Puzzles
	12 10:00 – Client Council - Dowels - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Bullseye Target 2:45 – Tai Chi 3:30 – Coupon Cutting	13 10:00 – Mother’s Day Celebration - Painting 12:30 – Energize Lunch Walk 1:00 – Tic Tac Toe 2:45 – Music & Movement 3:30 – Connect 4	14 10:00 – Bead Bracelets - Hanafuda - Memory Game 12:30 – Energize Lunch Walk 1:00 – Horseshoes 2:45 – Tai Chi 3:30 – Reading	15 10:00 – D’Best Entertainment 12:30 – Energize Lunch Walk 1:00 – Cone Ring Toss 2:45 – Music & Movement 3:30 – Jigsaw Puzzles	16 10:00 – Charades - Yarn Lei Craft - Jigsaw Puzzles 12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn 2:45 – Tai Chi 3:30 – Donkey Card Game
	19 10:00 – Fitness - Activity with Ae’Kamalii - Table Therapy 12:30 – Energize Lunch Walk 1:00 – Connect 4 2:45 – Tai Chi 3:30 – Coloring	20 10:00 – Special Music with TNG 12:30 – Energize Lunch Walk 1:00 – Horseshoes 2:45 – Music & Movement 3:30 – Tracing	21 10:00 – Weaving - Bead Bracelets - Coloring 12:30 – Energize Lunch Walk 1:00 – Price is Right 2:45 – Tai Chi 3:30 – Sorting Beads	22 10:00 – Lihue Missionary Church 12:30 – Energize Lunch Walk 1:00 – Cone Ring Toss 2:45 – Music & Movement 3:30 – Pictureka!	23 10:00 – Happy Birthday Bingo 12:30 – Energize Lunch Walk 1:00 – Name that Tune 2:45 – Tai Chi 3:30 – Mix & Match
	26 MEMORIAL DAY Center Closed	27 10:00 – Happy Birthday Bingo 12:30 – Energize Lunch Walk 1:00 – Matching Game 2:45 – Music & Movement 3:30 – Singing Hour	28 10:00 – Whisper Challenge - Memory Game - Jigsaw Puzzles 12:30 – Energize Lunch Walk 1:00 – Tic Tac Toe 2:45 – Tai Chi 3:30 – Pattern Block	29 10:00 – KADH May Day! 2025 12:30 – Energize Lunch Walk 1:00 – Sing-along 2:45 – Music & Movement 3:30 – Reading	30 10:00 – May Birthday Celebration with The Church of Koloa 12:30 – Energize Lunch Walk 1:00 – Movie & Popcorn 2:45 – Tai Chi 3:30 – Word Find

Transportation

The Kauai Bus
(808) 246-8110

MAY is ...

- Mental Health Awareness Month
- Asian American & Pacific Islander Heritage Month
- National Clean Air Month
- Mother’s Day – 5/11
- Armed Forces Day – 5/17
- World Bee Day – 5/20

Flowers:

Lily of the Valley



Colors:

Cream & Lilac

Birthstone:

Emerald

**Kaua’i Adult Day Health Center
is sponsored in part by County
of Kauai Agency on Elderly
Affairs.**

**This institution is an equal
opportunity provider.**

*Structured activities are subject to change.