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Your Staff

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Transportation

The Kauai Bus
(808) 246-8110

Our Mission

Caring for Kupuna



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 CENTER OPENS SNACKS	3 10:00 –Fitness –Dowels 12:30–Energize Lunch Walk –Trivia 1:00 –Tic Tac Toe 2:30 –Seated Exercise 3:30 –Adult Coloring	4 10:00 –Bead Bracelets –Hanafuda 12:30–Energize Lunch Walk –Trivia 1:00 –Price is Right 2:30 –Music & Movement 3:30 –Lacing	5 10:00 –Spelling – Crafts w/Carol 12:30–Energize Lunch Walk 1:00 –High / Low 2:30 –Tai Chi 3:30 –Nail Art	6 10:00 –Unscramble –Dominoes 12:30–Energize Lunch Walk 1:00 –Fishing Cup 2:30 –Music & Movement 3:30 –Pictureka	7 10:00 –Charades –Matching Game 12:30–Energize Lunch Walk –Trivia 1:00 –Relay Game 2:30 –Tai Chi 3:30 –Talk Story
10:00 MORNING ACTIVITIES	10 10:00 –Dowels –Fitness 12:30–Energize Lunch Walk 1:00 –Bowling 2:30 –Tai Chi 3:30 –Tracing	11 10:00 – Client Council Meeting with Janet –Balloon Volley 12:30–Energize Lunch Walk 1:00 –Ball Toss 2:30 –Music & Movement 3:30 –Lacing	12 10:00 –Donkey Cards – Crafts w/Carol 12:30–Energize Lunch Walk 1:00 –Cone Ring Toss 2:30 –Tai Chi 3:30 –Pattern Blocks	13 10:00 –Whisper Challenge –Blackjack 12:30–Energize Lunch Walk 1:00 –Rolling Dice 2:30 –Music & Movement 3:30 –Magazine Reading	14 10:00 –Charades –Joker Eno 12:30–Energize Lunch Walk 1:00 –Spin the Wheel 2:30 –Tai Chi 3:30 –Connect 4
11:15 LUNCH HOUR					
12:00 REST PERIOD					
12:30 LUNCH WALK	17 10:00 –Fitness –Dowels 12:30–Energize Lunch Walk 1:00 –Golfing 2:30 –Tai Chi 3:30 –Word Search	18 10:00 – Coffee Social –Joker Eno 12:30–Energize Lunch Walk 1:00 –Connect 4 2:30 –Music & Movement 3:30 –Cutting Coupons	19 10:00 – Crafts w/Carol –Birthday Bingo 12:30–Energize Lunch Walk 1:00 –Bullseye Target 2:30 –Tai Chi 3:30 –Fancy Nails	20 10:00 – D'Best Entertainment 12:30–Energize Lunch Walk 1:00 –Smile & Toss 2:30 –Music & Movement 3:30 –Sorting Beads	21 CENTER CLOSED
1:00 AFTERNOON ACTIVITIES					
2:00 SNACKS BEVERAGE					
2:30 EXERCISE HOUR	24 10:00 –Fitness –Dowels 12:30–Energize Lunch Walk 1:00 –Bounce & Shoot 2:30 –Tai Chi 3:30 –Lacing	25 10:00 –Aroma Therapy –Table Games 12:30–Energize Lunch Walk 1:00 –Bean Bag Poker 2:30 –Music & Movement 3:30 –Search and Find	26 10:00 –Welcome to the MINT CARNIVAL 12:30–Energize Lunch Walk 1:00 –Movie & Popcorn 2:30 –Tai Chi 3:30 –Mix & Match	27 10:00 – Lihue Missionary Church 12:30–Energize Lunch Walk 1:00 –Roll the Cup 2:30 –Music & Movement 3:30 –Pictureka	28 10:00 – Birthday Celebration w/Church of Koloa 12:30–Energize Lunch Walk 1:00 –Birthday Bingo 2:30 –Tai Chi 3:30 –Singing
3:00 BUSES BEGIN ARRIVING					
3:30 SMALL GROUP	31 10:00 –Fitness –Charades 12:30–Energize Lunch Walk 1:00 –Horseshoes 2:30 –Tai Chi 3:30 –Building Blocks				
5:30 CENTER CLOSSES					

*Structured activities are subject to change.