

Adult Day Health





2:45 - Tai Chi

3:30 - Coloring

AUGUST 2025

"And in the end, it's not the years in your life that count. It's the life in your years."

-Abraham Lincoln

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Your Staff

Program Director: Kim Sueoka

Program Coordinator: Janet Agni

Activity Assistants:

Connie Vidal Janice Kaona

Nurse:

Theo Papa, RN

Our Mission **Caring for Kupuna**



August 8th - 16th

2:45 - Music & Movement

3:30 - Jigsaw Puzzles

2:45 - Tai Chi 3:30 - Coupon Cutting

AUGUST is ...

Family Fun Month **National Immunization Awareness Month** National Friendship Day – 3rd International Cat Day – 8th World Humanitarian Day – 19th

Flowers:

Poppy & Gladiolus



Colors: Burnt Red & Orange

Birthstone:

Peridot

Kaua'i Adult Day Health Center is sponsored in part by County of Kauai Agency on Elderly Affairs.

This institution is an equal opportunity provider.



2:45 - Tai Chi

3:30 - Sorting Beads

2:45 – Music & Movement

3:30 - Pictureka!