KAUA'I
Adult Day Health
by oph

November 2026

2943 Kress Street
Lihue, Hawaii 96766
(808) 246-6919
www.ohanapacific.com

Your Staff

Program Director:
Nicole Anderson, LPN

Program Coordinator:
Janet Agni

Activity Assistants:
Connie Vidal
Janice Kaona

Nurse:
Theo Papa, RN

Transportation

The Kauai Bus
(808) 246-8110

Our Mission

Caring for Kupuna

one ohana

7:30 CENTER OPENS SNACKS

10:00 MORNING ACTIVITIES

11:15 LUNCH HOUR

12:00 REST PERIOD

12:30 LUNCH WALK

1:00 AFTERNOON ACTIVITIES

2:00 SNACKS BEVERAGE

2:30 EXERCISE HOUR

3:00 BUSES BEGIN ARRIVING

3:30 SMALL GROUP

5:30 CENTER CLOSES

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 **10:00** –Fitness –Dowels **12:30**–Energize Lunch Walk **1:00** –Birthday Bingo **2:30** –Tai Chi **3:30** –Pictureka	**3** **10:00** –Spelling Bee –Balloon Volley **12:30**–Energize Lunch Walk **1:00** –Chiefess Jazz Band **2:30** –Music & Movement **3:30** –Music and Social	**4** **10:00** –Whisper Challenge –Hanafuda **12:30**–Energize Lunch Walk **1:00** –Golfing **2:30** –Tai Chi **3:30** –Talk Story	**5** **10:00** –Unscramble –Weaving Basket **12:30**–Energize Lunch Walk **1:00** –Bounce and Shoot **2:30** –Music & Movement **3:30** –Adult Coloring	**6** **10:00** Charade– –Table games **12:30**–Energize Lunch Walk **1:00** –Spin the Wheel **2:30** –Tai Chi **3:30** –Lacing
9 **10:00** –Client Council Meeting with Janet –Table Therapy **12:30**–Energize Lunch Walk **1:00** –Bowling **2:30** –Tai Chi **3:30** –Sorting Beads	**10** **10:00** - Lihue Missionary Church –Donkey Card **12:30**–Energize Lunch Walk **1:00** –Tic Tac Toe **2:30** –Music & Movement **3:30** –Fancy Nails	**11** **10:00** –Halloween Craft –Hanafuda **12:30**–Energize Lunch Walk **1:00** –Horseshoes **2:30** –Tai Chi **3:30** –Ball Bounce	**12** **10:00** –Donkey Card Game –Balloon Volley **12:30**–Energize Lunch Walk **1:00** –Smile and Toss **2:30** –Music & Movement **3:30** –Jigsaw Puzzle	**13** **10:00** –Birthday Bingo **12:30**–Energize Lunch Walk **1:00** –Ball Toss **2:30** –Tai Chi **3:30** –Search and Find
16 **10:00** –Sitter Ball –Dowels **12:30**–Energize Lunch Walk **1:00** –Golfing **2:30** –Tai Chi **3:30** –Family Feud	**17** **10:00**–Weaving –Hanafuda **12:30**–Energize Lunch Walk **1:00** –Fishing Cup **2:30** –Music & Movement **3:30** –Pictureka	**18** **10:00** –Whisper Challenge –Joker Eno **12:30**–Energize Lunch Walk **1:00** –Bullseye Target **2:30** –Tai Chi **3:30** –Cutting Coupon	**19** **10:00** – D'Best Entertainment **12:30**–Energize Lunch Walk **1:00** –Poker Bean Bag **2:30** –Music & Movement **3:30** –Building Blocks	**20** **10:00** –Charade –Table Game **12:30**–Energize Lunch Walk **1:00** –Wheel of Fortune **2:30** –Tai Chi **3:30** –Tracing
23 **10:00** –Fitness –Table Therapy **12:30**–Energize Lunch Walk **1:00** –Poker Bean Bag **2:30** –Tai Chi **3:30** –Word Search	**24** **10:00** –Spelling Bee -Balloon Volley **12:30**–Energize Lunch Walk **1:00** –Matching Game **2:30** –Music & Movement **3:30** –Connect Four	**25** **10:00** –Thanksgiving Celebration **12:30**–Energize Lunch Walk **1:00** –Movie and Popcorn **2:30** –Tai Chi **3:30** –Magazine Reading	**26** THANKSGIVING DAY CENTER CLOSED	**27** **10:00** –Birthday Celebration w/Church of Koloa **12:30**–Energize Lunch Walk **1:00** –Price is Right **2:30** –Tai Chi **3:30** –Karaoke
30 **10:00** –Dowels –Chair Exercise **12:30**–Energize Lunch Walk **1:00** –Dice Rolling **2:30** –Tai Chi **3:30** –Sorting Beads				

Caring for Kupuna

*Structured activities are subject to change.