


Kaua'i Adult Day Health Lunch Menu - April 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
		Kalua Roast Pork Brown Rice Spinach Pineapple Chunks	Beef Tips in Gravy Brown Rice Mixed Vegetables Sliced Apple	
	6	7	8	9
Hungarian Pork Brown Rice Mixed Vegetables Applesauce	Louisiana Chicken Brown Rice Corn Mandarin Oranges	Sloppy Joe on a Bun Garlic Green Beans Rosy Applesauce	Meatballs w/Mushroom Sauce Brown Rice Peas and Carrots Fruit Cocktail Salad	Swiss Steak Brown Rice Peas and Carrots Diced Pears
	13	14	15	16
Beef Stew Brown Rice Chefs Vegetable Fruit Cocktail	Char Siu Chicken Brown Rice Green Beans Diced Peaches	Pork Chop w/Mushroom Gravy Brown Rice Kernel Corn Diced Peaches/Pears	Chicken Adobo Brown Rice Sliced Carrots Pineapple Chunks	Pastrami Sandwich w/ Cheese/Lettuce/Tomato Sliced Bread Whole Orange
	20	21	22	23
Sweet and Sour Pork Brown Rice Oven Snow Peas Diced Pears	BBQ Chicken Brown Rice Broccoli Fruit Cocktail	Tuna Sandwich Sliced Bread Lettuce and Tomato Wedge Orange	Kalua Pork and Cabbage Brown Rice Sliced Carrots Pineapple/Mandarin Oranges	Roast Turkey w/Gravy Brown Rice Peas and Carrots Cinnamon Peaches
	27	28	29	30
Shoyu Chicken Brown Rice Peas and Carrots Fruit Cocktail	Pan Lau Lau Brown Rice Sliced Carrots Pineapple Chunks	Hawaiian Meatballs Brown Rice Chefs Vegetable Diced Pears	Curry Pork Brown Rice Green Beans Peaches	Skim Milk with Each Meal

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