

OCTOBER 2026

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Your Staff

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Transportation

The Kauai Bus
(808) 246-8110

Our Mission
Caring for Kupuna



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 CENTER OPENS SNACKS				10:00 –Kaumakani Senior Group 	10:00 –Charades –Weaving Basket
10:00 MORNING ACTIVITIES				12:30–Energize Lunch Walk 1:00 –Cone Ring Toss 2:30 –Music & Movement 3:30 –Jigsaw Puzzle	12:30–Energize Lunch Walk 1:00 –Price is Right 2:30 –Tai Chi 3:30 –Family Feud
11:15 LUNCH HOUR	10:00 –Fitness –Table Therapy 12:30–Energize Lunch Walk 1:00 - Birthday Bingo  2:30 –Tai Chi 3:30 –Building Blocks	10:00 –Beads Bracelet –Hanafuda 12:30–Energize Lunch Walk 1:00 –Fishing Cup 2:30 –Music & Movement 3:30 –Tracing	10:00 –Whisper Challenge –Joker Eno 12:30–Energize Lunch Walk 1:00 –Bounce and Shoot 2:30 –Tai Chi 3:30 –Search and Find	10:00 –Donkey Card –Halloween Craft 12:30–Energize Lunch Walk 1:00 –Balloon Pop 2:30 –Music & Movement 3:30 –Karaoke	10:00 – Birthday Bingo  12:30–Energize Lunch Walk 1:00 –Roll the Cup 2:30 –Tai Chi 3:30 –Pictureka
12:00 REST PERIOD					
12:30 LUNCH WALK	10:00 –Dowels –Sit and Stretch 12:30–Energize Lunch Walk 1:00 –Bowling 2:30 –Tai Chi 3:30 –Fancy Nails	10:00 –Client Council Meeting with Janet –Dominoes 12:30–Energize Lunch Walk 1:00 –Poker Bean Bag 2:30 –Music & Movement 3:30 –Sorting Beads	10:00 –Beads Bracelet –BlackJack 12:30–Energize Lunch Walk 1:00 –Cone Ring Toss 2:30 –Tai Chi 3:30 –Cutting Coupon	10:00 – Lihue Missionary Church  12:30–Energize Lunch Walk 1:00 –Bean Bag Shoot Out 2:30 –Music & Movement 3:30 –Pattern Blocks	10:00 –Charade –Dominoes 12:30–Energize Lunch Walk 1:00 –Wheel of Fortune 2:30 –Tai Chi 3:30 –Pictureka
1:00 AFTERNOON ACTIVITIES					
2:00 SNACKS BEVERAGE					
2:30 EXERCISE HOUR	10:00 –Table Therapy –Seated Aerobics 12:30–Energize Lunch Walk 1:00 –Golfing 2:30 –Tai Chi 3:30 –Pattern Block	10:00 –Donkey Card –Memory Game 12:30–Energize Lunch Walk 1:00 –Show off your face 2:30 –Music & Movement 3:30 –Jigsaw Puzzle	10:00 –Unscramble –Dominoes 12:30–Energize Lunch Walk 1:00 –Relay Game 2:30 –Tai Chi 3:30 –Lacing	10:00 - D'Best Entertainment  12:30–Energize Lunch Walk 1:00 –Rolling Dice 2:30 –Music & Movement 3:30 –Adult Coloring	10:00 – Charade – BlackJack 12:30–Energize Lunch Walk 1:00 –Smile and Toss 2:30 –Tai Chi 3:30 –Card Game
3:00 BUSES BEGIN ARRIVING					
3:30 SMALL GROUP	10:00 –Fitness –Dowels 12:30–Energize Lunch Walk 1:00 –Matching Game 2:30 –Tai Chi 3:30 –Mix and Match	10:00 –Weaving –Table Games 12:30–Energize Lunch Walk 1:00 –Spin the Wheel 2:30 –Music & Movement 3:30 –Sorting Beads	10:00 –Whisper Challenge –Dominoes 12:30–Energize Lunch Walk 1:00 –Ball Toss 2:30 - Tai Chi 3:30 –Bookworm	10:00 –SPOOKTACULAR HALLOWEEN CELEBRATION  12:30–Energize Lunch Walk 1:00 –Movie and Popcorn 2:30 –Music & Movement 3:30 –Search and Find	10:00 –Birthday Celebration w/Church of Koloa  12:30–Energize Lunch Walk 1:00 –High/Low 2:30 –Tai Chi 3:30 –Talk Story
5:30 CENTER CLOSSES					

*Structured activities are subject to change.