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Our Mission
Caring for Kupuna

JUNE 2026

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
7:30 CENTER OPENS SNACKS	1 10:00 – Group Fitness 12:30 – Energize Lunch Walk 1:00 – Bounce & Shoot 2:30 – Music & Movement 3:30 – Jigsaw Puzzles	2 10:00 – Bead Bracelet Craft – Hanafuda 12:30 – Energize Lunch Walk 1:00 – Tic Tac Toe 2:30 – Tai Chi 3:30 – Reading	3 10:00 – Donkey Card Game – Balloon Volley 12:30 – Energize Lunch Walk 1:00 – Connect4 2:30 – Music & Movement 3:30 – Word Search	4 10:00 – BINGO 12:30 – Energize Lunch Walk 1:00 – High / Low 2:30 – Tai Chi 3:30 – Coupon Cutting	5 10:00 – Joker Eno – Table Therapy 12:30 – Energize Lunch Walk 1:00 – Cone Ring Toss 2:30 – Music & Movement 3:30 – Lacing
10:00 MORNING ACTIVITIES	8 10:00 – Group Fitness 12:30 – Energize Lunch Walk 1:00 – Bowling 2:30 – Music & Movement 3:30 – Talk Story	9 10:00 – Client Council – Table Games 12:30 – Energize Lunch Walk 1:00 – Press Your Luck 2:30 – Tai Chi 3:30 – Pictureka!	10 10:00 – Basket Weaving – Charades 12:30 – Energize Lunch Walk 1:00 – Golf 2:30 – Music & Movement 3:30 – Connect4	11 Center Closed in Observance of Kamehameha Day	12 10:00 – Spelling – Blackjack 12:30 – Energize Lunch Walk 1:00 – Sing Along 2:30 – Music & Movement 3:30 – Coloring
11:15 LUNCH HOUR	15 10:00 – Special Music with Da Tree Titas 12:30 – Energize Lunch Walk 1:00 – Happy Birthday BINGO 2:30 – Music & Movement 3:30 – Singing	16 10:00 – Weaving – Balloon Volley 12:30 – Energize Lunch Walk 1:00 – Dice Roll Game 2:30 – Tai Chi 3:30 – Lacing	17 10:00 – Creating with Rae – Unscramble 12:30 – Energize Lunch Walk 1:00 – Bullseye Target 2:30 – Music & Movement 3:30 – Table Games	18 10:00 – D’Best Entertainment 12:30 – Energize Lunch Walk 1:00 – Smile & Toss 2:30 – Tai Chi 3:30 – Pattern Blocks	19 10:00 – Father’s Day Celebration 12:30 – Energize Lunch Walk 1:00 – Spin the Wheel 2:30 – Music & Movement 3:30 – Bead Sorting
12:00 REST PERIOD	22 10:00 – Group Fitness 12:30 – Energize Lunch Walk 1:00 – Ball Toss 2:30 – Music & Movement 3:30 – Reading	23 10:00 – Craft with Carol Seino – Dominoes 12:30 – Energize Lunch Walk 1:00 – Roll the Cup 2:30 – Music & Movement 3:30 – Jigsaw Puzzles	24 10:00 – Creating with Rae – Hanafuda 12:30 – Energize Lunch Walk 1:00 – Bean Bag Poker 2:30 – Music & Movement 3:30 – Tracing	25 10:00 – Lihue Missionary Church – Table Activities 12:30 – Energize Lunch Walk 1:00 – Tic Tac Toe 2:30 – Tai Chi 3:30 – Word Search	26 10:00 – May & June Birthday Celebration with The Church of Koloa 12:30 – Energize Lunch Walk 1:00 – Connect4 2:45 – Tai Chi 3:30 – Coupon Cutting
12:30 LUNCH WALK	29 10:00 – Group Fitness 12:30 – Energize Lunch Walk 1:00 – High/Low 2:30 – Music & Movement 3:30 – Card Games	30 10:00 – Creating with Rae – Joker Eno 12:30 – Energize Lunch Walk 1:00 – Relay Game 2:30 – Tai Chi 3:30 – Talk Story			
1:00 AFTERNOON ACTIVITIES					
2:00 SNACKS BEVERAGE					
2:30 EXERCISE HOUR					
3:00 BUSES BEGIN ARRIVING					
3:30 SMALL GROUP					
5:30 CENTER CLOSES					

Transportation

The Kauai Bus
(808) 246-8110

JUNE is ...

Alzheimer’s & Brain Awareness Month
Family Month
Men’s Mental Health Month
National Immigrant Heritage Month

National Gardening &
Exercise Day – 6/6
World Caring Day – 6/7
Flag Day – 6/14
Father’s Day – 6/21

Flowers:

Rose & Honeysuckle

Colors:

White & Light Purple

Birthstone:

Pearl & Moonstone

**Kaua’i Adult Day Health Center
is sponsored in part by County of
Kauai Agency on Elderly Affairs.**

**This institution is an equal
opportunity provider.**